

KISSIMMEE SDA
Disaster Notification Quick Reference Card
2391 Fortune Road, Kissimmee FL, 34744

In a disaster, I should report my status to the first available contact:

Local Church Clerk	Myra Valeris	407-301-7533
Local Pastor	Amado Luzbet	321-506-3991
Elder	Wayne Card	407-437-5207
Local Comm. Svc. Director	Julene Sucre	407-501-2551
Local Comm. Sve. Assistant	Blondel Clarke	321-442-9754
Local Disaster Resp. Coord.	Julene Sucre	407-501-2551
Local Disaster Resp. Assistant	David LaRoche	321-682-6410
Local Disaster Resp. Assistant	Dale Van Witzenberg	708-534-7492
Local Conference Officer	Conrad Duncan	407-644-5000
Union Conference Officer	Dr. Ron Smith	770-408-1800
Adventist Info Ministries	A.I.M.	800-331-7171

POSSIBLE DISASTERS

Avalanche
Conflagration
Drought
Earthquake
Flood
Hurricane, Cyclone, Typhoon
Landslide
Dust or Sand Storm
Snow, Ice, and Hail
Tornado
Volcanic Eruption
Windstorm
Tsunami
Blackout or Brownout
Dam Failure
Hazardous Material Incident
Industrial Explosion
Mine Accidents
Fire
Nuclear Reactor Accident
Oil Spill
Pipeline Explosion, Fire, or Leak
Transportation Accident
Water, Gas, or Sewer Main Break
Arson
Bomb Threat
Civil Disturbance or Riot
Labor Strike
Terrorism or Hostage Incident
Pandemic or Epidemic
Famine
Infestation
Pollution Episode
Conventional or Nuclear War
Boycotts

PEOPLE TO CONTACT FOLLOWING A DISASTER

If You are Affected

If you are personally affected by a disaster, you should consider reporting your status to your:

Family
Church (pastor, clerk, or other designated person)

and contact the following for assistance:

Insurance agent(s)
Local disaster response agencies

Following a large disaster, you should register for assistance with:

The American Red Cross (call 866-GET-INFO, 866-438-4636, or go to www.redcross.org to register online)

For non-federally declared disasters, you may also need to register with your state or local jurisdiction.

For a federally-declared disaster, also register with FEMA (call 800-621-FEMA, 800-621-3362, or go to www.fema.gov to register online)

If you are unable to notify your local church leadership of your status, contact:

- 1) Your local conference, or, if not available,
- 2) Your Union Conference, or, if not available,
- 3) Adventist Information Ministry (800-381-7171)

If You are NOT Affected

If you are in an area which is affected by a wide-spread disaster, but are NOT personally affected by the disaster, you should contact one of the following to report that you (and your family) are OK:

- 1) Contact your family, then contact
- 2) Your church pastor or clerk, or, if not available,
- 3) Your local conference
- 4) American Red Cross (www.redcross.org, click the Family Link to provide family welfare information about you and your family)

EVACUATING YOURSELF AND YOUR FAMILY

When community evacuations become necessary, local officials provide information to the public through the media. In some circumstances, other warning methods, such as sirens or telephone calls, also are used. Additionally, there may be circumstances under which you and your family feel threatened or endangered and you need to leave your home, school, or workplace to avoid these situations.

Always do this:

Keep a full tank of gas in your car.

Plan to take one car per family to reduce congestion and delay.

Make transportation arrangements with friends or your local government, if you do not own a car.

Listen to a battery-powered radio and follow local evacuation instructions.

Gather your family and go immediately, if you are instructed to evacuate.

Leave early enough to avoid being trapped by severe weather or other hazards.

Follow recommended evacuation routes. Do not take shortcuts; they may be blocked.

Be alert for washed out roads and bridges. Do not drive into flooded areas.

Stay away from downed power lines.

If time permits:

Gather your disaster supplies kit.

Wear sturdy shoes and clothing that provides some protection, such as long pants, long-sleeved shirts, and a cap.

Secure your home:

Close and lock doors and windows

Unplug electrical equipment, such as radios, TV, and small appliances.
Leave freezers and refrigerators plugged in, unless there is a risk of flooding.

Let others know where you are going.

Developing a Family Emergency Plan:

A Family Emergency Plan should consider where each family member will be when a watch or warning is issued. Sometimes we don't have the advantage of either a watch or warning. Disasters can strike at anytime. Your family may be together, or they may be at various locations. Your Family Emergency Plan should consider the following:

- Escape routes
- Family communications
- Utility shut-off and safety
- Insurance and vital records
- Special needs
- Caring for animals
- Safety skills

Escape Routes

Your family should talk about possible escape routes from various places in your house, especially the bedrooms. Establish a place to meet in the event of an emergency. This should include a location just outside your home, or possibly a neighbor's yard.

If the event involves more than your home, you should also consider a location away from your house, but within your neighborhood, such as a nearby business or city park.

Family Communication Plan

Since your family members may be at various locations when you need to evacuate or are not able to return to a designated meeting place, you and your family should sit down together and discuss several options of alternate meeting places and methods of communication.

Consider school, work, shopping, and day care schedules, etc. Each of these businesses or organizations should have an evacuation plan. Be familiar with each of these plans and the designated places to which each of these groups would evacuate their people.

Designate an out-of-area relative or key person for family members to contact to report their status, location, and contact information.

Each member of the family should carry a wallet-sized card with the most important information on it. All adults in the family may want to carry more information with them. A sample of a wallet-sized card is shown below. See the Appendix for a sample of the full-sized information sheet.

PERSONAL AND FAMILY PREPAREDNESS

Each person should take some simple steps to prepare for, and respond to, emergencies, including natural disasters and terrorist attacks. Individuals can do three key things: 1) assemble an emergency supply kit, 2) develop a family emergency plan, and 3) be informed about the different types of emergencies that could occur and their appropriate responses. Everyone should have some basic supplies on hand in order to survive for at least three days if an emergency occurs.

When reviewing the following recommended and optional Basic Emergency Supply Kit content lists, it is important for you to consider the unique needs of your location and family in order to properly choose each kit's contents. Individuals wishing to be well-prepared should also consider additional smaller portable kits in their workplace, vehicle, or other places they spend time.

Basic Disaster Supplies Kit:

- Three-day supply of non-perishable food
- Three-day supply of water--one gallon of water per person, per day
- Portable, battery-powered radio or television and extra batteries
- Flashlight and extra batteries
- First aid kit and manual
- Sanitation and hygiene items (moist towelettes and toilet paper)
- Matches and waterproof container
- Whistle
- Extra clothing
- Kitchen accessories and cooking utensils, including a can opener
- Photocopies of credit and identification cards
- Cash and coins
- Special needs items, such as prescription medications, eye glasses, contact lens solutions, and hearing aid batteries
- Items for infants, such as formula, diapers, bottles, and pacifiers
- Other items to meet your unique family needs

If you live in a cold climate, you must think about warmth. It is possible that you will not have heat. Think about your clothing and bedding supplies. Be sure to include one complete change of clothing and shoes per person, including:

- Jacket or coat
- Long pants
- Long-sleeve shirt
- Sturdy shoes
- Hat, mittens, and scarf
- Sleeping bag or warm blanket (per person)

Be sure to account for growing children and other family changes.

Additional Optional Emergency Supply Kit Contents:

- Plastic sheeting/tarp and duct tape to “shelter-in-place”
- Wrench or pliers to turn off utilities
- Local and state maps
- Dust mask (N-95 type), to help filter contaminated air
- Pet food and extra water for your pet
- Household chlorine bleach and medicine dropper – When diluted nine parts water to one part bleach, bleach can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 4 drops of regular household liquid bleach per gallon of water. **Do not use scented, color safe or bleaches with added cleaners.**
- Paper and pencil
- Books, games, puzzles or other activities for children (and those young at heart)
- Rubber kitchen gloves
- Leather work gloves
- Hatchet or axe to ensure escape if trapped
- Extra Shoe laces

Maintaining Your Disaster Supplies Kit

Just as important as putting your supplies together is maintaining them so they are safe to use when needed. Here are some tips to keep your supplies ready and in good condition:

- Keep canned foods in a dry place where the temperature is cool
- Store boxed food in tightly closed plastic or metal containers to protect from pests and extend its shelf life
- Throw out any canned good that becomes swollen, dented, or corroded
- Use foods before they go bad, and replace them with fresh supplies
- Place new items at the back of the storage area and older ones in the front
- Change stored food and water supplies every six months. Be sure to write the date you store it on all containers
- Re-think your needs every year and update your kit as your family needs change
- Keep items in airtight plastic and put your entire disaster supplies kit in one or two easy-to-carry containers, such as an unused trash can, camping backpack, or duffle bag.

Other Important Phone Numbers & Information:

Family Communications Plan

Contact Name: _____
 Telephone: _____

Out-of-State Contact Name: _____
 Telephone: _____

Neighborhood Meeting Place: _____
 Meeting Place Telephone: _____

Dial 9-1-1 for Emergencies!

This form can be found through the www.ready.gov website and in the publication Are You Ready?.

UTILITY SHUT-OFF AND SAFETY

In the event of a disaster, you may be instructed to shut off the utility services (such as electric, gas, and water) at your location.

CAUTION

If your gas service is shut off for any reason, a qualified professional must turn it back on. NEVER ATTEMPT TO TURN THE GAS BACK ON YOURSELF.

For your safety, always switch off all individual electric breakers before switching off the main breaker.

For more information regarding utilities, contact your local utility company or agency.

INSURANCE AND VITAL RECORDS

Consider obtaining property (including flood, earthquake, etc), health, and life insurance, if you do not have them. Regularly review existing policies for the amount and extent of coverage to insure that what you have in place is what is required for you and your family for all possible hazards. You can call 888-FLOOD29 (888-356-6329) to learn more about flood insurance.

Make a record of your personal property for insurance purposes. Take photos or a video of the interior and exterior of your home. Include personal belongings in your inventory.

Store important documents, such as insurance policies, deeds, property records, and other important papers in a safe place, such as a safety deposit box, away from your home. Make copies of important documents for your disaster supplies kit.

Consider saving money in an emergency savings account that could be used in any crisis. It is advisable to keep a small amount of cash at home in a safe place where you can quickly access it in case of evacuation.

SPECIAL NEEDS

If anyone in your family has a special need, you may need to take additional steps to protect yourself and your family in an emergency. Additional publications regarding special needs are available from FEMA or other agencies and organizations.

CARING FOR ANIMALS

Animals are also affected by disasters. Make a plan on how to care for your pets in the event of a disaster, especially should you have to evacuate. You may contact your local animal shelter, SPCA, or Humane Society for additional information. Know that, with the exception of service animals, pets may not be permitted in emergency shelters.

SAFETY SKILLS

It is important for family members to know how to administer first aid and CPR, and how to use a fire extinguisher. Be sure you have adequate fire extinguishers, and everyone knows the location of each one. You should have, at a minimum, one ABC-type extinguisher.

ACS DR KIT LISTS

Care for the Survivor

There are several projects that a local church can do to help in any disaster. One of the projects can be making a variety of supply kits. The kits help provide basic necessities to people who lack ready access to essential everyday life supplies. By making these kits, you make a direct, tangible difference in sustaining people's lives. What better, more rewarding demonstration of our personal Christian love can we make?

Below is a list of the kits. Each description contains a list of specific items needed. Gathering and assembling kit materials as a group can be a wonderful hands-on activity, bringing together young and old, neighbors, friends, and co-workers.

ALL ITEMS INCLUDED IN EACH KIT MUST BE NEW.

Bathroom Kit

- 3 pc Towel Set – Bath towel, hand towel, and wash cloth
- 1 small Trash Can
- 1 Personal Care Kit (as defined later in this document)

Bedroom Kit

- 3 or 4-pc Sheet Set – Fitted sheet, Flat sheet, and pillowcase(s)
- 1 Polyester/Acrylic Blanket
- 1 or 2 Pillow(s) as needed, to go with sheet set

Children's Disaster Kit

This is to help replace toys or give the younger children something to do when their parent(s) is/are busy with filling out forms.

- 1 Coloring book (non-violent content)
- 1 box of Crayons
- 1 Story book (preferably about feelings)
- 2 small Toy vehicles (these should be emergency vehicles – police car, fire truck, ambulances – so that children can express their feelings in play).
- 1 soft, cuddly “plush” or stuffed toy

Clothing Pack

- 1 Pair Jeans or Docker® type pants
- 1 T-shirt, polo or button shirt
- 1 Set new undergarments
- 1 Pair new socks

Measure jeans/pants at waist (and inseam for men), put with appropriate sized shirt, new socks and new underwear. Carefully fold outfit with socks and underwear discretely hidden inside, and place in gallon zipper-style or other re-sealable plastic bag. Mark size and gender on paper and place on top of outfit in bag.

Disaster Cooking Kit

So survivors can immediately begin preparing their own meals.

- 1 Manually-operated can opener
- 1 Regular long-handled spoon
- 1 Slotted long-handled spoon
- 1 Spatula (for turning food)
- 1 small package of Plastic knives, forks and spoons
- 1 large package of Disposable plates, bowls, and cups
- 2 Dishwashing cloths
- 2 Dish towels
- 1 two-quart Sauce pan with lid
- 1 medium size Skillet with lid
- 1 small container of Dishwashing detergent
- 2 hot pads

Flood Bucket Kit

These cleaning supplies enable the survivor to begin the overwhelming job of cleanup after a flood or hurricane.

- 5-gallon Bucket with re-sealable lid
- Bleach: two 1-quart or one 82 oz. bottle (Do not include bleach if you are shipping the bucket through the US Postal Service, UPS or FedEx)
- 5 Scouring pads
- Sponges, 7 pack, assorted sizes
- 1 Scrub brush
- 18 Cleaning towels (reusable wipes)
- Liquid laundry detergent: two 25 oz. or one 50 oz. bottle
- 1 Household cleaner, 12-16 oz. bottle
- Disinfectant dish soap, 16-28 oz. bottle
- 50 clothes pins
- Clothes line—two 50 ft. or one 100 ft.
- 5 Dust masks
- 2 pair Latex or non-latex gloves
- 1 pair Work gloves
- 24-bag roll of heavy-duty Trash bags (33-45 gallon-- remove roll from box before placing in bucket)
- Insect repellent spray, 6-14 oz. can (if aerosol, cans must have protective caps)
- Air freshener, 8 or 9 oz. can (if aerosol, cans must have protective caps)

Household Kit

These supplies provide an important source for starting up a new household.

- 1 box Laundry detergent
- 50 clothes pins
- Clothes line—two 50 ft. or one 100 ft.
- 1 bottle Dishwashing liquid
- 1 package Toilet paper
- 1 package Sponges
- 1 package Dishcloths
- 1 container of Sink cleanser
- 1 Broom with handle
- 1 Mop with handle
- 1 Utility pail
- 1 Dust pan with brush
- 1 Wastepaper basket
- 1 roll of trash bags (remove roll from box before placing in bucket)
- 1 pr Cleaning gloves

FAMILY EMERGENCY PLAN INFORMATION FORM

This form can be found through the www.ready.gov website, and in the book Are You Ready.



Homeland Security **Family Communications Plan**

Your family may not be together when disaster strikes, so plan how you will contact one another and review what you will do in different situations.

Out-of-State Contact Name: _____ Telephone Number: _____
 Email: _____ Telephone Number: _____

Fill out the following information for each family member and keep it up to date.

Name: _____	Social Security Number: _____
Date of Birth: _____	Important Medical Information: _____
Name: _____	Social Security Number: _____
Date of Birth: _____	Important Medical Information: _____
Name: _____	Social Security Number: _____
Date of Birth: _____	Important Medical Information: _____
Name: _____	Social Security Number: _____
Date of Birth: _____	Important Medical Information: _____
Name: _____	Social Security Number: _____
Date of Birth: _____	Important Medical Information: _____
Name: _____	Social Security Number: _____
Date of Birth: _____	Important Medical Information: _____

Where to go in an emergency. Write down where your family spends the most time: work, school and other places you frequent. Schools, daycare providers, workplaces and apartment buildings should all have site-specific emergency plans.

<p>Home Address: _____ Phone Number: _____ Neighborhood Meeting Place: _____ Regional Meeting Place: _____</p> <p>School Address: _____ Phone Number: _____ Evacuation Location: _____</p> <p>School Address: _____ Phone Number: _____ Evacuation Location: _____</p> <p>School Address: _____ Phone Number: _____ Evacuation Location: _____</p>	<p>Work Address: _____ Phone Number: _____ Evacuation Location: _____</p> <p>Work Address: _____ Phone Number: _____ Evacuation Location: _____</p> <p>Other place you frequent: Address: _____ Phone Number: _____ Evacuation Location: _____</p> <p>Other place you frequent: Address: _____ Phone Number: _____ Evacuation Location: _____</p>
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Important Information	Name	Telephone #	Policy #
Doctor(s):			
Other:			
Pharmacist:			
Medical Insurance:			
Homeowners/Rental Insurance:			
Veterinarian/Kennel (for pets):			

Other useful phone numbers: **9-1-1 for emergencies.** Police Non-Emergency Phone #: _____